

910 W Parker Rd Suite 102 Plano TX 75075 • 972-972-8930 • watermarkurgentcare.com

## Women's Health

Community Health Clinic\* 120 S. Central Expy, Ste. 102 McKinney, TX 75070 972-547-0606

## https://chc-mckinney.com/

- Open Mon, Tues, Thurs, & Fri 8:30am-2pm, Tuesday evenings: pediatric clinic by walk in only 5-7pm, Wednesday evenings: adult clinic by appointment only 5-7pm
- Must be a Collin County resident, must have proof of residence, a month's worth of income documents (must be 200% within poverty line), and a photo ID
- New patients must call between 9:30am and 10:30am on Tuesday to schedule an appointment
- \$20 Donation, but any amount accepted

Primary Care Clinic of North Texas\* 3900 American Drive, Suite 201 Plano, TX 75075 972-596-6005

## https://www.primarycareclinic.org/

- Monday-Friday: 8am-12pm then from 1-5pm Saturday: 8am-12pm
- Proof of income or residence not mandatory
- Office visit: \$45, may have additional fees
- For ages 13 and older only

Family Health Center at Virginia Parkway\* 120 S. Central Expy., Ste. 105 McKinney, TX 75070 214-618-5600

#### https://fhcntx.org/

- Open Monday-Friday 8am-5pm, walk in/appt
- Medicaid, CHIP, Medicare, and other health insurance accepted.
- Cash Pay/Sliding scale price allowed for noninsured families or individual

## **Healing Hands Clinic**

<u>Greenville</u>: 8515 Greenville Ave. Suite N-108 Dallas, TX 75243

#### 214-221-0855

<u>Vickery</u>: 5750 Pineland Dr. Ste. 150 Dallas, TX 75231

## 214-379-4393

## https://healinghandsdallas.org/

- Without insurance, will require photo ID, proof of address, and proof of income. Dallas County only
- Accept Medicare/Medicaid.
- Greenville hours: Mon-Fri 7:30am-5:30pm
   \*MUST come and enroll FIRST from 7:30am-4:30pm Vickery hours: Mon-Fri 8am-5pm
   \*Appointment Required\*
- Primary and Chronic Care, Women's Health, Pediatrics, Behavioral Health, Labs, Vision
- Dental Services (M-F 7a-6p)



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## **Mammogram Resources**

## Texas Health Mobile Clinics Phone: 1-855-318-7696

Tarrant, Hood, Parker, Johnson County

## Services offered include:

- Well-women exams (pap-smear, pelvic exam, HPV testing)
- Lab work as it relates to their services; no free-standing lab work
- Skin cancer screening

Call for locations in these counties

## **Texas Health Plano Breast Center** 972-981-3902

## American Breast Cancer Foundation For individual grants call: 844-219-2223

Assist with the cost of mammograms and wellness check-ups, possible biopsy assistance

## Requirements:

- Must be 300% above the poverty guidelines (they will check for you)
- Women with or without insurance
- Proof of residency
- Phone application

Methodist Richardson Medical Center
469-204-2140
2831 E PGBT
Richardson, TX 75082
Special Months: Feb, May, September:
Annual mammogram and radiologist readings done:
\$146

## Asian Breast Health Outreach Project 469-204-6888

## www.asianbreasthealth.org

- Uninsured women over the age of 40. All ethnicities accepted.
- Provides FREE education and mammogram screenings; also provide free diagnostic workup if needed
- Must be resident of Collin, Dallas, or Denton County; does not need to be citizen
- Must be uninsured
- Languages available to assist include: Cantonese, English, Hindi, Korean, Mandarin, Urdu, and Vietnamese
- All appointments held at Renner and PGBT at Methodist Hospital

# SOLIS Mammography 866-717-2551

#### **West Plano location**

Self-pay/ cash-pay prices include:

- 3D routine mammogram screenings- \$99
- Bilateral diagnostic- \$190
- Ultrasound unilateral- \$120; bilateral- \$240
- Bone density- \$45